



March 2026 Issue

NAVIGATING THE

2026 REFRIGERANT
TRANSITION

The wait is over and the 2026 refrigerant transition is officially here. As of January 1, 2026, the HVAC industry has entered a new era focused on sustainability and updated safety standards. This transition is driven by the EPA's AIM Act, which mandates that new residential and light commercial systems use refrigerants with a Global Warming Potential (GWP) of 700 or less. You will increasingly see R-454B and R-32 as the primary gases in new equipment. These new refrigerants are classified as A2L, or "mildly flammable," and while that might sound intimidating, new units are engineered with advanced sensors and ventilation logic to ensure they are just as safe as the systems they replace.

If you currently have an R-410A system, there is no need to worry. You are not required to replace your existing equipment, and parts as well as reclaimed R-410A will remain available for repairs for many years. However, it is important to be aware that as virgin R-410A production continues to decrease, the cost of servicing older units will likely rise over time. Additionally, you cannot "drop" these new refrigerants into an old unit because the pressures and oils are incompatible, so any upgrade requires a system specifically designed for the new standards.

This industry-wide change is a significant step toward reducing our carbon footprint and protecting the environment. At Pro Solutions, we are fully trained on these new standards to ensure your transitions are seamless, compliant, and efficient. Whether you are planning a new project or just maintaining your current setup, we are here to help you navigate the "New Cool" with confidence.



FLU SEASON REMINDERS

During flu season, your HVAC air filter works overtime trapping dust, germs, and allergens. Changing it regularly helps keep the air in your home cleaner and your system running efficiently. A fresh filter means healthier air for you and your family. Furthermore, a clean filter prevents strain on your furnace, which can lower energy costs and ward off unexpected breakdowns. Taking this simple step ensures your home remains a comfortable sanctuary even when the weather—and the germs—are at their worst.



DUCT CLEANING SPECIAL

\$475

Each System

Call to Schedule before
March 31st, 2026ORIGINAL PRICE
\$675 Each System

Total Savings of \$200

Offer valid for \$200 off per full system duct cleaning. Must be scheduled by March 31, 2026. Limit one coupon per household. Cannot be combined with other offers or discounts. No cash value. Residential use only.

Pro Solutions Air
623-229-4389



SKYHOOK CRANES

When it comes to heavy lifting, there is no substitute for experience and precision. At Skyhook Cranes, we specialize in industrial crane and rigging services, providing the backbone for essential projects across the valley. Whether we are navigating tight residential spaces to lift a new AC unit for an HVAC partner or managing complex rigging for heavy equipment, our focus remains on safety and efficiency.

What sets Skyhook apart is our commitment to the craft. As an owner-operated business, you get the expertise of a dedicated operator who is personally on-site for every single lift. We don't just "move" items; we provide expert "craning" that ensures even the most delicate or massive loads are placed with pinpoint accuracy. Our community relies on infrastructure that works, and we are proud to provide the lift power that keeps our local trades moving forward. When the job is heavy, Skyhook Cranes rises to the occasion.

Skyhook Cranes
623-473-7466

THE SHED GAL

Open 7 days a week at 2221 N. 99th Ave., Phoenix Hours: Mon-Fri: 8 AM – 6 PM | Sat-Sun: 9 AM – 4 PM

Shed Gal invites you to experience what sets us apart. From sheds and metal buildings to outdoor furniture, décor, and more, our lot is packed with quality, creativity, and unbeatable customer service. We pride ourselves on helping every customer find the perfect solution for their space, style, and budget. If you're ready to see expert craftsmanship, friendly service, and a whole lot of personality in one place, come check out the best shed lot in the US. Your next backyard upgrade starts here!



Susan: The Shed Gal

HOW OFTEN SHOULD I CHANGE MY AIR FILTER?

HVAC Filter Guide: When to Swap

While the 30-to-90-day rule is the standard, your actual timeline depends on your specific environment. A basic 1-inch filter usually lasts 60 days, but these factors can shorten that window:

- **Pets:** Fur and dander (especially from shedding breeds like Dobermans) clog systems fast. In multi-pet homes, check filters every 30 days.
- **Filter Type:** Thick, high-efficiency media filters (4-5 inches) have more surface area and can last 6 to 12 months.
- **Health Needs:** If you suffer from allergies or asthma, replace high-MERV filters every 30-45 days for cleaner air.
- **Seasonal Usage:** During peak Arizona summers, heavy AC use traps more dust. Inspect filters monthly when the heat is high.

Pro Tip: Clogged filters are the leading cause of expensive blower motor failures. If you can't see light through your filter, replace it immediately!

RECIPE OF THE MONTH

🍀 15-Minute Lemon Pesto Pasta

A bright, veggie-packed dish to welcome Spring.

Ingredients:

- 1 lb Pasta (Fusilli or Penne work best)
- 1 cup Basil Pesto (Store-bought is fine!)
- 2 cups Fresh Baby Spinach
- 1 cup Frozen Peas
- 1/2 Lemon (juiced)
- Optional: Grated Parmesan and red pepper flakes

Directions:

1. **Boil:** Cook pasta in salted water according to package directions.
2. **Add Veg:** Two minutes before the pasta is done, toss the frozen peas directly into the boiling water with the noodles.
3. **Wilt:** Place the raw spinach in your colander. Drain the pasta and peas right over the spinach to wilt it instantly.
4. **Toss:** Return everything to the pot. Stir in the pesto and lemon juice until coated.
5. **Serve:** Top with Parmesan and a pinch of red pepper flakes for a little "spring" in your step!