



May 2026 Issue

THE SILENT SUMMER THREAT

IS YOUR INDOOR AIR TRULY CLEAN?

The Arizona heat keeps us indoors for nearly 90% of the summer, but did you know that indoor air can be five times more polluted than the air outside? As we seal our windows and doors to trap the AC, we also trap dust, pet dander, and valley allergens. Before the "Monsoon Dust" season arrives in full force, it's time to look beyond the temperature and focus on the quality of the air your family is breathing.

Think of your HVAC system as the "lungs" of your home. If those lungs are congested with desert debris, your home environment becomes a breeding ground for respiratory irritation and fatigue. Health vs. Humidity

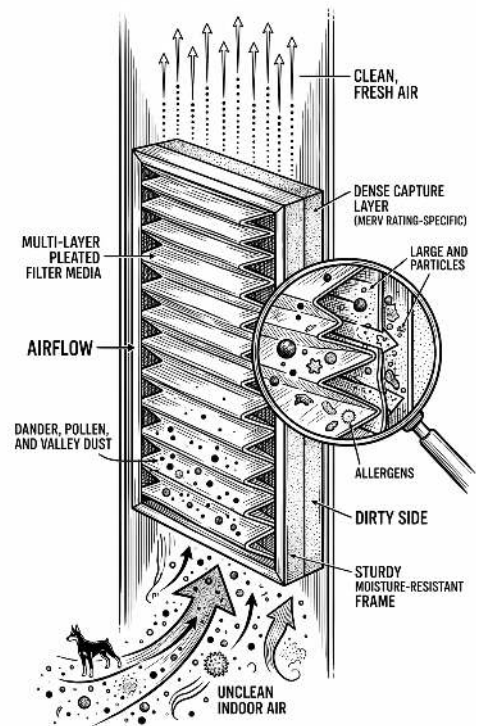
By optimizing your air quality in May, you aren't just staying cool—you're staying healthy. While a standard filter catches large debris, a dedicated IAQ strategy targets the microscopic particles that a basic "physical" might miss.

Why Clean Air is a Summer Essential

A professional IAQ assessment ensures your home remains a true sanctuary from the harsh Arizona elements:

- The "Valley Fever" Filter: Standard 1-inch filters often fail to catch the fine silt and spores common in our area. We evaluate high-efficiency HEPA and MERV-rated upgrades that scrub the air without straining your motor.
- UV Purification: We can install UV-C light systems directly into your air handler. These medical-grade lights "zap" mold and bacteria on the coil before they ever enter your ductwork.
- Duct Integrity: Leaky ducts don't just lose cold air; they pull in "attic dust" and insulation fibers. We inspect your seals to ensure the air you pay to cool is the same air you're breathing.

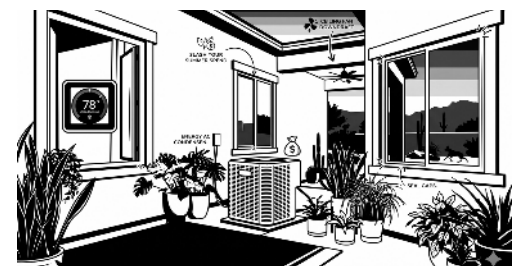
Don't let your home become a trap for desert allergens this summer. Breathe easier and stay healthier—give us a call at 623-229-4389 to schedule your Indoor Air Quality Audit today!

**THE EFFICIENCY AUDIT**

As Arizona temperatures climb, so do your cooling costs. Before the triple digits arrive, a few strategic moves in May can significantly lower your summer utility bills.

Start with the "Big Three": First, seal gaps around windows and doors to keep the heat out. Second, ensure ceiling fans spin counter-clockwise to create a downdraft. Finally, program your thermostat to avoid cooling an empty house during peak demand hours.

Small adjustments now prevent "bill shock" in July. For a full performance audit to ensure your system is sipping power, not gulping it, give us a call!

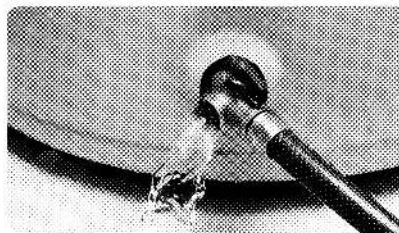


PRO SOLUTIONS

\$49 WATER HEATER FLUSH SPECIAL

SAVE \$100+

CALL 623-229-4389 TO SCHEDULE



Extend Unit Life Improve Efficiency
Remove Sediment Build-up Includes Safety Inspection



LOGO LOCO COMING SOON!

When it comes to making your business stand out, your brand is your signature. We are thrilled to announce the upcoming launch of Logo Loco, a premier promotional products company officially opening its doors on June 1st, 2026. Owned and operated by a powerhouse team of women, Logo Loco is more than just a print shop—it is a creative partnership designed to bring your brand's personality to life with precision, texture, and flair. Whether you are looking for high-end embroidery for professional corporate apparel or a wide range of promotional items to elevate your next event, our team specializes in turning concepts into tangible results. We understand that in a competitive market, the details matter. That is why we focus on limitless customization, ensuring every stitch and every imprint represents your business with the professional excellence it deserves. As we prepare for our grand opening this June, we invite the local community to discover a fresh, bold approach to marketing. From small startups to established valley favorites, Logo Loco provides the creative fuel your brand needs to thrive. Get ready to go "Loco" for your brand this summer!

THE SHED GAL

Open 7 days a week at 2221 N. 99th Ave., Phoenix Hours: Mon–Fri: 8 AM – 6 PM | Sat–Sun: 9 AM – 4 PM

Shed Gal invites you to experience what sets us apart. From sheds and metal buildings to outdoor furniture, décor, and more, our lot is packed with quality, creativity, and unbeatable customer service. We pride ourselves on helping every customer find the perfect solution for their space, style, and budget. If you're ready to see expert craftsmanship, friendly service, and a whole lot of personality in one place, come check out the best shed lot in the US. Your next backyard upgrade starts here!



Susan: The Shed Gal

TAKE CONTROL: MASTERING YOUR 2026 SUMMER COMFORT

Arizona summers are no longer just about survival; they are about precision. With local energy rates fluctuating and the first triple-digit days of 2026 arriving, how you manage your thermostat is the difference between a soaring utility bill and a perfectly balanced home. Modern cooling isn't just about "on or off"—it's about utilizing smart technology to stay ahead of the desert sun. As we move into May, it is vital to remember that your AC unit operates most efficiently when it isn't playing "catch-up." Sudden temperature swings in your home put unnecessary stress on your compressor. By implementing a consistent cooling schedule now, you allow your system to maintain a steady, efficient rhythm before the extreme heat of June arrives. Don't let a manual thermostat dictate your summer budget. Upgrading to a smart, programmable system allows you to pre-cool your home during off-peak hours and monitor your HVAC health from your phone. Ensure your home remains a cool, high-tech oasis—schedule your technology consultation or summer tune-up today!

RECIPE OF THE MONTH

The "Arizona Cool-Down" Watermelon Granita

Prep time: 5 mins | Freeze time: 3 hours

This icy, vibrant treat is the ultimate way to stay hydrated and cool as the triple digits arrive. No specialized equipment needed—just a fork and a freezer!

Ingredients

- 4 cups fresh watermelon (cubed and seeded)
- 2 tbsp lime juice (freshly squeezed)
- 1 tbsp honey or agave (optional)

Instructions

1. Blend: Pulse the watermelon, lime juice, and sweetener in a blender until completely smooth.
2. Freeze: Pour the liquid into a shallow 9x13 baking dish and place it flat in the freezer.
3. Scrape: Every 45 minutes, use a fork to scrape the icy edges toward the center until the entire mixture is a fluffy, crystalline "snow." Serve in chilled glasses!